

MARATHWADA MITRA MANDAL'S COLLEGE OF ARCHITECTURE

Presents



Presentation by:

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M.A (Edu. Psychology) M.S, Ed.S. (School Psychology)

(In house Psychological Counselor, MMCOA)

Dealing with challenges - The Covid - 19 pandemic has brought about quite a few changes in our lives. It has also brought about anxiety and helplessness. This session will focus on ways of improving our psychological health, and empowering us to live our best lives.



Topic:

'Dealing with Challenges'

Lecture for Parents and Students

IMPROVE & EMPOWER

PSYCHOLOGICAL HEALTH



Date	Year	Time	Google Meet Link
10.07.2020	2nd Year	8:30-10:00	meet.google.com/iwh-xhzk-qer
11.07.2020	4th & 5th Year	8:30-10:00	meet.google.com/nvp-bufp-trt
13.07.2020	3rd Year	8:30-10:00	meet.google.com/jos-rmeq-xkd

Ar. Pavan Gumaste, Ar. Raghunandan A

Samwad Coordinator

Ar. Tanay Ambavane

Program Coordinator

Dr. Supriya Nene

Principal, MMCOA