

ONLINE

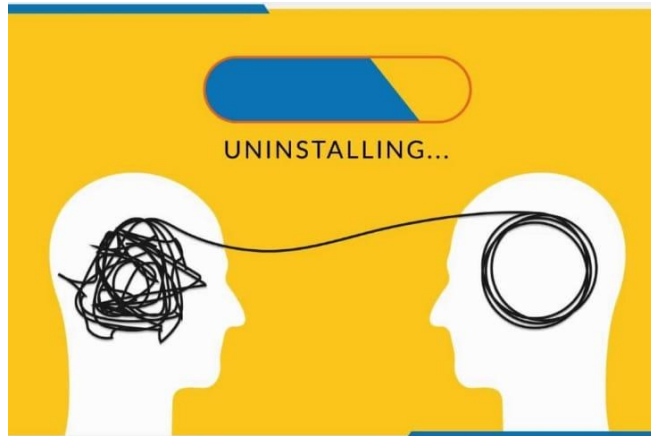
# “Capacity Building & Skill Enhancement Program- Language & Communication Skills Program”

## Life skills :“Yoga Physical Fitness”

Mr. Sandip Gadilohar is graduate and MBA in IT( Information Technology) , Currently working in Persistent as User experience Designer . He is associated with Art of Living since 2013 and working as faculty since 2019 he has conducted many sessions on yoga and Meditation and conducts Breath and Meditation Workshops.



**Mr. Sandip Gadilohar**



**Day & Date : Thursday, 18<sup>th</sup> February 2021**

**Time : 7.30 am to 8.30 am**

**Ar. Pavan Gumaste**  
Coordinator MMCOA, Pune

**Dr. Supriya Nene**  
Principal MMCOA, Pune



**Marathwada Mitra Mandal's College of Architecture,  
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