

Capacity Building and Skill Enhancement Programme

Thrive !



Mrs. Dhanashree Ghare has been our Counsellor from past 3 years. She has a Master's degree in Psychology from Pune university and an additional masters degree in Psychology from the University of Dayton, USA. She practices Rational Emotive behaviour therapy and has been trained at the Institute of Psychological Health, Pune run by Dr. Anand Nadkarni and Dr. Sukhada Abhiram.

She has been conducting sessions on various topics like happiness, emotions, taking responsibility, meditation, and is currently designing a full fledged course on 'Building Resilience' for students.

She counsels students as needed and also offers counselling to parents. She has been taking steps to help students deal with their anxieties and build their confidence levels through one on one sessions. She is always available for counselling for our students and parents.

Mrs.Dhanashree Ghare

M.A (Edu. Psychology) M.S, Ed.S (School Psychology)

Day : Thursday Time : 2.15 pm-3.15 pm

Venue : Seminar hall, second floor.

September 2022

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Ar. Smita Patil

Lecture Series Co-ordinator

Dr. Ujjwala Palsuley

Principal, MMCOA



MARATHWADA MITRAMANDAL'S COLLEGE OF ARCHITECTURE

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