



Marathwada Mitra mandal's
College of Architecture,PUNE.

organizes

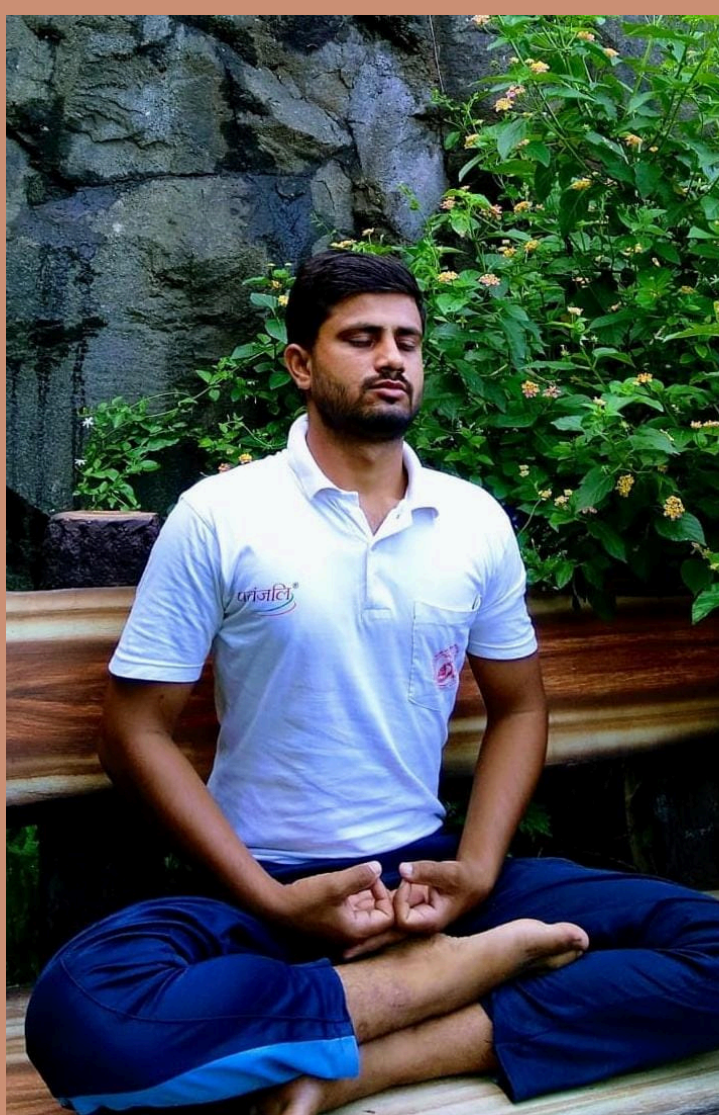
YOGA

Way to
Healthy Mind
and Body
30

NOV 2024

SATURDAY

TIME: 8.00 AM TO 9.00 AM



Mr. Vinod Sagar
Patanjali Yoga Expert

Mr. Vinod Sagar is a Civil Engineer and the district coordinator for Patanjali Yuva Bharat in Pune. He is an expert in Patanjali yoga and has trained over 2000 students to date, in addition to leading workshops and sessions for various institutions. Along with this he has also participated in various YOGA competitions and possess a record of 1200 suryanamaskars in 6 hours.



Ar. Smita Patil
Faculty Coordinator

Ar. Aniruddha Jogalekar
Principal in-charge, MMCOA