



**Marathwada Mitra mandal's
College of Architecture, PUNE.**

organizes

YOGA

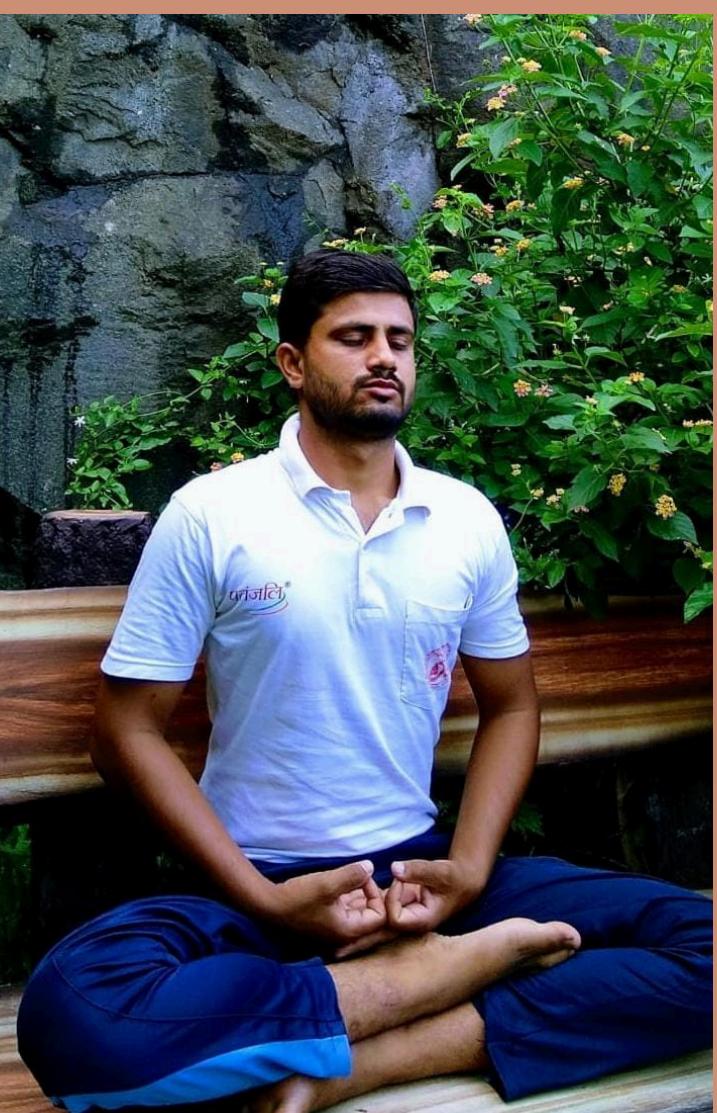
Way to Healthy Mind and Body

30

NOV 2024

SATURDAY

TIME: 8.00 AM TO 9.00 AM



Mr. Vinod Sagar is a Civil Engineer and the district coordinator for Patanjali Yuva Bharat in Pune. He is an expert in Patanjali yoga and has trained over 2000 students to date, in addition to leading workshops and sessions for various institutions. Along with this he has also participated in various YOGA competitions and possess a record of 1200 suryanamaskars in 6 hours.

Mr. Vinod Sagar
Patanjali Yoga Expert

Ar. Smita Patil
Faculty Coordinator

Ar. Aniruddha Jogalekar
Principal in-charge, MMCOA

